

Cascade School District Instrumental Music Department



2008-2009 CHS Handbook

Skylar J. Garcia, Director

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Welcome

Students & Parents of the Cascade High School Band Program,

Welcome back! I hope of you had a relaxing and enjoyable summer. I have prepared this handbook to help inform and answer questions regarding the band program at Cascade High School. From grading policies to performance dates, this handbook contains a variety of information that I hope you will find helpful. Please read it carefully and be sure you understand the possible implications of the information it contains.

The last page must be filled out and returned to me by Friday, September 12th. This is a graded assignment (see grading), so please be sure it gets turned in on time. This page is a statement of acknowledgement declaring that you have read and understand the policies and procedures outlined in the handbook. Understand that by signing this statement, you are not only affirming that you have read and fully comprehend the information contained here in, you are also agreeing to follow these policies and procedures or accept the consequences of your actions.

Please take special note of all performance dates!

You are welcome to keep the enclosed list of events for your reference. I would encourage you to copy these dates into you household planner or calendar. This will help to avoid one of the most common causes of lowered grades in band (missing a performance).

If you ever have any questions regarding any aspect of the band program, please contact me:

Work Phone: 548-5277

E-mail: CascadeKodiakBand@yahoo.com

I am looking forward to this year and I hope you are as well.

Sincerely,

Skylar J. Garcia
Director of Bands
Cascade School District #228

2008-2009 CHS Activities List

HS Concert Band Schedule

Day	Date	Event	Place	Time	Who	Required
Saturday	27-Sep	Autumn Leaf Parade	Leavenworth	10:30am	Concert Band	Yes
Tuesday	28-Oct	Sarge Huber Honor Festival	East Wenatchee	All Day	Select Students	No
Wednesday	29-Oct	Fall Band Concert	CHS Commons	7:00pm	Concert Band	Yes
Fri.-Mon.	21-24 Nov	WIBC Honor Band	Seattle, WA	All Day	Select Students	No
Monday	15-Dec	All-Band Holiday Concert	CHS Commons	7:00pm	Concert Band	Yes
Saturday	31-Jan	Piano/Vocal Solo/Ensemble	Wenatchee HS	All Day	Select Students	No
Saturday	7-Feb	Winds/Strings/Percussion Solo/Ensemble	Wenatchee HS	All Day	Select Students	No
Fri.-Sun.	13-15 Feb	All-Northwest Honor Band	Spokane, WA	All Day	Select Students	No
Monday	23-Mar	CHS Band and Choir Festival Concert	CHS Commons	7:00pm	Concert Band	Yes
Wednesday	11-Mar	High School Band Festival	Wenatchee HS	All Day	Concert Band	Yes
Saturday	25-Apr	State Solo/Ensemble Contest	Ellensburg	All Day	Select Students	No
Saturday	2-May	Apple Blossom Grand Parade	Wenatchee	11:00am	Concert Band	Yes
Sat.-Sun.	16-May	Lilac Festival Parade and Silverwood	Spokane/Athol, ID	All Day	Concert Band	Yes
Thursday	4-Jun	Spring Band Concert and Awards	CHS Commons	7:00pm	Concert Band	Yes
Saturday	6-Jun	High School Graduation	P-D Field	7:30pm	Concert Band	Yes

CONCERT BAND

Grades 9-12 2 Semesters ½ credit each semester

Prerequisites: *2 years in IRMS Band or other equivalent training.

This is a performance-oriented ensemble that meeting during first period of the day. The primary focus is on preparation of 6 to 10 performances per year, including: 4 full-length concerts, 2 parades, and a variety of shorter performances. Members will receive instruction in the fundamentals of music theory, ear training, and history. This course is the prerequisite for participating in the co-curricular Pep Band which performs at all home football and basketball games. Grades are based on daily attendance / participation, required performances, written homework, and in-class playing tests.

PEP BAND

The CHS pep band plays at all home and post season football and basketball games with the exception of those that take place over Christmas Break and those that conflict with the Lionel Hampton Jazz Festival. For a complete listing of these games, please ask the CHS Office for a copy of the athletic events calendar.

HS Jazz Band Schedule

Day	Date	Event	Place	Time	Who	Required
Wednesday	29-Oct	Fall Concert	CHS Commons	7:00pm	Jazz Band	Yes
Monday	15-Dec	All-Band Holiday Concert	CHS Gym	7:00pm	Jazz Band	Yes
	TBA	Christmas Lighting Festival	Leavenworth Gazebo		Jazz Band	Yes
Sunday	18-Jan	Ice Festival	Leavenworth Gazebo		Jazz Band	Yes
	TBA	Cascade Jazz Night Fundraiser			Jazz Band	Yes
Thurs.-Sun.	Feb. 26-1	Lionel Hampton Jazz Festival	Moscow, ID	All Day(s)	Jazz Band	Yes
Monday	23-Mar	CHS Band and Choir Festival Concert	CHS Commons	7:00pm	Jazz Band	Yes
Thursday	4-Jun	Spring Band Concert and Awards	CHS Commons	7:00pm	Jazz Band	Yes

In addition to these scheduled events, the jazz band regularly plays at a variety of local events as well as other misc. gigs in the upper valley and Wenatchee area. I will do my best of give you as much advance notice of these events as I can.

JAZZ BAND

Grades 9-12 2 Semesters ½ credit each semester

Prerequisites: *2 years in concert band (may be filled concurrently)(Vocalists may substitute 1 year in concert choir and concurrent enrollment in select choir), 2 years in middle school band, and an audition the previous year.

Jazz studies is a performance-oriented course that meets during zero period. The focus of the course is to learn as much as possible about music from the Big Band era. Members must be highly self-motivated and have a strong enough musical background to learn and perfect more than 60 pieces of music in a very short amount of time. The course provides extensive training in music theory, ear training, musical style, improvisation, and music history.

Music Festivals

WIAA District 6 Band Festival:

Each year, the WMEA (Washington Music Educators Association) hosts a band festival in Wenatchee at the end of March. The purpose of the festival is to provide all of the bands in north central Washington with the opportunity to be adjudicated by music professionals from around the northwest. It also gives the students a chance to hear the other high school bands from the area and evaluate their own performance by comparison to other bands.

This is an all day event and is a required activity for all concert band members. Students will be bused to Wenatchee High School where they will participate in the festival from approximately 8:00 a.m. to 4:00 p.m. Students will need to bring either a sack lunch or money to buy lunch in Wenatchee. The exact time of our performance will not be known until late February. Students will be required to wear Concert Dress (see Concert Dress below).

Regional Honor Festival:

The North Central Washington Honor Festival is a bi-annual event that takes place in late October on even year. Top students from the top 10% of the concert band are asked to participate in a regional honor band. This group of selected student musicians will be given music to learn approximately three weeks before the festival. On the day of the festival the band will assemble and conduct an all day rehearsal, which culminates in an evening concert. The concert features performance by the middle and high school honor bands and choirs as well as the elementary choir.

State Honor Festival:

The WMEA All State Honor Festival is a bi-annual event that takes place in late February on odd years. Students are selected by a highly competitive audition process. Usually around 900-audition tape are sent from all of the high schools in Washington for the 200 or so seats in this prestigious group. Selected students receive their music about 1 month before the festival. At the festival, the honor band rehearses for three day, 8 hours a day. The festival culminates in a gala performance of all of the All-State honors groups. Although the audition process is difficult, all students are encouraged to make participation in this event a goal for their high school music career.

All Northwest Honor Festival:

The MENC (Music Educators National Conference) All Northwest Honor Festival is a bi-annual event that takes place in late October on even year. Students are selected by the same taped audition process as All-State. However, now students are selected from all of the band students in Washington, Idaho, Alaska, Montana, Oregon, and Wyoming. An acceptance into the All Northwest honor band is the highest level of achievement a high school musician can attain. Selected students receive their music about 1 month before the festival. At the festival, the honor band rehearses for three day, 8 hours a day. The festival culminates in a gala performance of all of the all-state honors groups.

Lionel Hampton Jazz Festival:

Each year, the University of Idaho, in Moscow Idaho plays host to the largest Jazz Festival in the world. The festival takes place during the last week of February. Students from the jazz studies program at CHS have attended this festival for many years. Our groups will be adjudicated by nationally recognized jazz teachers and also compete against other jazz bands. They will also listen to competitions, concerts, lectures, and clinics by some of the greatest jazz musicians in history. Usually this field trip lasts 3 to 5 days.

Pep Band

Overview

The mission of the Pep Band is to provide entertainment and energy for all home football and basketball games. When our teams go to post-season play-offs and to state, the pep band travels with them to provide the “extra man” effect in the stands.

Pep band is a co-curricular activity, which means that you may earn an academic letter for participation. **All students that wish to participate in pep band must have a current ASB Card.**

Pep Band Eligibility.

Students who wish to participate in pep band must meet all four of the following criteria:

1. Enrollment in Jazz and/or Concert Band at least one semester of that year, or have participated in Jazz and/or Concert Band for a least two year prior.
2. Academically eligible for co-curricular participation based on the Cascade High School Guidelines.
3. Have a current Cascade High School ASB Card.
4. Have a current Activity Permission Form and Medical Release on file with Mr. Garcia.

Awards/ Academic Letters

Band Awards

Each year four students will be selected for outstanding performance in the band program. The director will decide upon all four of these awards. The criteria are as follows:

Outstanding Instrumental Musician- is awarded to the individual who has demonstrated the highest levels of musical excellence and dedication. This is the most prestigious award given in the band department. Although is has often been awarded to seniors, any junior or senior student who has, in the current year, participated in at least two of the instrumental ensembles is eligible.

Outstanding Returning Musician- is awarded to the individual who has demonstrated outstanding improvement, attitude, leadership and musicianship. This award may be given to any 9-11 grade students who has participated in at least two of the instrumental ensembles in the current year.

Outstanding Concert Band Musician- is awarded to the individual in concert band who has demonstrated the highest levels of dedication, leadership, and musical skill. This award may be given to any 10-12 students who has participated in concert band for at least two years (including the current year).

Outstanding Jazz Musician- is awarded to the individual in jazz studies that has demonstrated the highest level of technical expertise as a jazz musician. This award may be given to any 10-12 grade student who has been enrolled in jazz band for at least two years (including the current year).

Academic Letter Requirements

An academic letter shall be granted to any student fulfilling the first year requirements for the Cascade High School band letter. Subsequent yearly fulfillment of the requirements will result in a cloth chevron award that shall attach to the initial cloth letter award. No student will be awarded two cloth letter awards. Additional metals and/or chevrons shall be awarded to those students who participate in:

Regional Honor Band
State Honor Band
All-Northwest Honor Band
State Solo/Ensemble Festival

To receive a letter, students must meet all of the following criteria:

- A. Enrollment in Jazz and/or Concert Band for both semesters.
- B. Participation in both pep band seasons (Football and Basketball).
Attendance during each season must be at least 80%.
- C. Participation in at least 1 post-season trip (if the team earns one).
- D. Each public presentation of a school related solo or ensemble, up to two, shall count for 1 of the above listed regular or post season performance requirements.

Any student wishing an exception to the above requirements shall request a meeting with the Band Council and instructor at which time his or her appeal will be reviewed. A decision will be made within 24 hours. Appeals may be filed with either Mr. Garcia or the principal.

Band Officers

There are three Associated Student Body officers for band.

President:

Duties: Band representative in general ASB meetings
Assistant conductor and concertmaster
In charge of concert set-up crew
Leader of band council meetings

Method of election: General band vote in class

Eligibility: Any student 10-12 who is currently enrolled in concert band and jazz band for both semesters and who is a member of pep band for both seasons of the current year.

Vice-President:

Duties: Chair person for all band activities i.e. dances, fund raisers
Secondary representative in general ASB meetings
In charge of concert clean-up crew

Method of election: General band vote in class

Eligibility: Any student 10-12 who is currently enrolled in concert band for both semesters, and who is in pep band for both seasons of the current year.

Secretary/Treasurer:

Duties: Take notes at all band meetings
File and record all financial statements
Duties as assigned
In charge of uniform check out and check in

Method of election: Appointed by director

Sectionals

Sectionals

At various times throughout the year, students will be asked to rehearse with their section outside of class. Sectionals provide you and your section the opportunity to focus on the areas that need particular attention. They also represent an opportunity to receive extra-credit points in band. When you attend a sectional, called by either myself or a section leader, you will receive 2 extra credit points. 3 or 4 sectionals can make the difference between a grade of A or B. If you choose not to attend the sectional, you will be held accountable for the work that was done in that time. If playing tests are given on that material, you will be expected to know it.

Concert Expectation

Performance behavior for both performers and audience members should be based on a basic respect for the hard work and hours of practice involved in the preparation of the music.

Performers are expected to behave in a professional manner, which means:

- Arrive on time
- Dress appropriately (see concert dress code)
- Do not talk or whisper to those around you during a performance whether you are playing or not.
- Focus all of your attention on the music and the conductor
- Don't do things to draw attention to yourself
- Help with set-up and clean-up
- DO YOUR BEST! If you make a mistake, just keep right on playing. Chances are, no one noticed.

Audience members are asked to show respect for the performers and show appreciation for their work

- Please do not talk or make noise during a performance.
- If you have to leave to performance, please wait until between pieces.
- Please keep small children quiet and under control.
- Do not walk along the hallway next to the commons area in the high school during a performance.

Band Room Expectations

- You are in band because you love music & you are committed to personal improvement as a musician through hard work and dedication
- You will always show respect for the people, the music, the tools, and the mission in band
- You will be ready to make music together when the bell rings
- You will strive to make every rehearsal a quality investment of your time and energy
- You will take responsibility for, and accept the consequences of your actions and choices
- You will not interfere with learning or safety of your fellow musicians

With these goals in mind the following rules apply to the band room:

1. No gum or candy in the band room, practice rooms or storage areas.
2. No food or drinks in the band room, practice rooms or storage areas. (exception is eating lunch by the drinking fountain.
3. Don't leave your trash, reeds, clothing, or other items in the band room.
4. Do not play the percussion instruments unless you are a percussionist.
5. Do not play or borrow someone else's instrument or equipment without their permission.
6. Report all damage to school instruments ASAP, whether you caused it or not.
7. Follow all School Rules and Codes of Conduct.

Cascade Band Grading Policy

Your grade in band will be determined based on a weighted category system. This system works as follows:

- There are six basic categories that you will be graded on
 - Performances
 - Rehearsal
 - Homework Checks
 - Scale Tests
 - Playing Tests
 - Written or Other Assignments

1. **Performances:** You must perform at all performances or have been granted an excused absence as outlined in the Performance Policy part of your band handbook. Failure to attend or be excused from a performance will drop your percentage in the class by 40%. This means that the only way you can pass the class after having missed a performance is to have a 100% on everything else. You would then pass with a 60% (D-). If you are granted an excused absence, your make-up assignment must be turned in within two weeks after the performance date. If your make-up is not turned in on time, you will lose 40% of your grade in the class. Each student plays an important role in not only playing their part individually, but with the entire group to create a unified musical ensemble. Concerts are the culmination of classroom work and serve as “exams.”

2. **Rehearsal:** You must be prepared for, participate in at an acceptable level, and not disrupt the rehearsal process. Each missed rehearsal will lower your percentage in the class by 5%. Students can lose rehearsal credits in the following ways.

- a. **Unexcused Absence-** Any absence that is deemed unexcused under Cascade High School or Icicle River Middle School Policy (UA).
- b. **Absence Not Valid Reason-** Any absence that, while excused by a parent, is not deemed valid under Cascade High School or Icicle River Middle School Policy (NA).
- c. **Unexcused Tardy-** Any tardy that is deemed unexcused under Cascade High School or Icicle River Middle School Policy (UT). Three unexcused tardies will count as a missed rehearsal.
- d. **Missing Instrument-** If you do not bring your instrument or if you do not bring all of the parts of your instrument (i.e. no reeds, no sticks, no mouthpiece).
- e. **Missing Music-** If you do not bring all or part of your music.
- f. **Missing Cleanup-** If you do not cleanup your area at the end of class or if you leave your belongings in inappropriate places in the band room.
- g. **Missed due to Behavior-** If you interfere with the rehearsal process in any way or your behavior is not appropriate for the rehearsal (i.e. sleeping, reading other books).

If you wish to make up a missed rehearsal you may choose one of these two options. Makeup must be done within two weeks of the missed rehearsal.

- One hour of band room cleaning.
- One hour of practice in the band room after school. Practice must be verified by Mr. Garcia

3. **Homework Checks:** Students will receive a homework check grade every two weeks. Each homework check grade is worth 10 points. Homework assignments for each week will be posted in the band room and on the band website under class bulletins. Homework checks are graded on a 4 level rubric: O (outstanding [10]), S (Satisfactory [7.5]), U (Unsatisfactory [2.5]), N (Not Played [0]). Homework checks can only be made up (by replaying the checked material) before the grade posts at the end of the two-week period.

4. **Scale Proficiency:** Each student in the CHS Concert Band and CHS Jazz Band will be required to pass proficiency on a set of scales this semester. Scale proficiency tests will be graded: P (proficient), or N (not

proficient). Each Scale test is worth 25 points. These are pass or fail tests. Students may retake the test as many times as they wish.

5. **Playing Tests:** Playing tests are tests on the music we are currently working on in class. These tests may be either announced or unannounced (pop quizzes). Playing test can vary in value for 5 to 20 points each. Playing tests may not be made up.
6. **Written or Other Assignments:** This category can include everything from research projects to journal entries to extra performances. Assignments in this category will vary greatly in value. The number of assignments in this category will also vary greatly from class to class.

Performance Policy

Attendance at performances is required!

An unexcused absence from a performance will lower your grade as you WILL NOT be allowed to make up those points according to school policy!

To avoid this, if you *have* to miss a performance, I need a note written and signed by your parent/guardian at least **1 month prior to the performance date**. The note must give the specific reason for missing the performance. Cascade School District reserves the right to not excuse absences for invalid reasons (see Cascade High School Handbook). If your excuse is valid, this will make your absence from that performance excused. As stated in the student handbook, *“Students are allowed to make up all assignments from excused days or periods.”*

The only exception to this rule is in cases of medical emergencies or illness. If you have a family emergency or if you become ill you will need to bring a note signed by your physician and/or parent when you return to school. Your absence will then be counted as excused and you will be allowed to make up that performance.

If you do miss a performance for an excused absence and you wish to make up the points, you must satisfactorily complete one of the following make-up assignments. **Make-up assignments are due no later than 10 school days after you return to school.** Each make-up assignment will be worth the same value as the performance. It is your responsibility to remember to get your excused notes and your make-up assignment in on time. I will not remind you.

Your performance make-up options are:

Choice A) A three page paper about a composer or topic agreed upon by Mr. Garcia. The paper must be written in accordance with the MLA documentation standards and must include citations for all references. You must have at least 2 sources (only 1 may be a CD ROM or internet source). Because the paper is a make-up assignment for a performance, there will only be one graded draft allowed. However, I would encourage you to show me your paper in a rough draft form before you turn it in for a grade. This will almost certainly be to your benefit.

Choice B) A performance of all of your parts for Mr. Garcia. Your performance will be judged based on accuracy of rhythms and notes, performance of dynamics and articulations, and stylistic interpretation.

Choice C) A performance of an approved solo for the band. Your performance will be judged based on accuracy of rhythms and notes, performance of dynamics and articulations, stylistic interpretation and overall presentation.

Choice D) A presentation for the band about an approved topic. This option is only available to those who are missing the performance to attend some other event or to go on vacation. The presentation must be relevant to the class (relevance will be judged by Mr. Garcia). If this option interests you, please see Mr. Garcia well in advance to plan your presentation.

Student Scale Bench Marks Grades 7 through 12

A “Bench Mark” is a term used to describe expectations set forth by the Cascade Band Department. These are rough guidelines that when met will maximize a student’s potential on his or her instrument. The outlined Bench Marks are challenging expectations, but each student is capable of reaching these with the right attitude.

Grading: A - Advanced Proficiency - 8th notes @ mm = 132, no mistakes
P – Proficiency - 8th notes @ mm = 100, no mistakes
N – Not Proficient - wrong notes, not performed at tempo, poor technique/tone.

Scale Bench Marks:

IRMS Concert Band – End of Year One

- Chromatic Scale – From Concert Bb, one octave.
- All Major Scales – Appropriate range (see scale sheet), one octave

IRMS Concert Band – End of Year Two

- All year one bench marks
- Chromatic Scale – Full Student Range (see scale sheet)
- All Natural Minor Scales – Appropriate range (see scale sheet), one octave

CHS Concert Band – End of Year One

- All previous bench marks
- All Harmonic Minor Scales - Appropriate range (see scale sheet), one octave

CHS Concert Band – End of Year Two

- All previous bench marks
- All Melodic Minor Scales - Appropriate range (see scale sheet), one octave

CHS Concert Band – End of Year Three

- All previous bench marks
- All Dorian Minor Scales - Appropriate range (see scale sheet), one octave

CHS Concert Band – End of Year Four

- All Major & Minor Pentatonic Scales - Appropriate range (see scale sheet), one octave

CHS Jazz Band – End of Year One

- All previous bench marks
- All Dorian Minor Scales - Appropriate range (see scale sheet), one octave
- All Dominant (Mixolydian) - Appropriate range (see scale sheet), one octave
- All Harmonic Minor Scales - Appropriate range (see scale sheet), one octave

CHS Jazz Band – End of Year Two

- All previous bench marks
- All Melodic Minor Scales - Appropriate range (see scale sheet), one octave
- All Half-Diminished Scales - Appropriate range (see scale sheet), one octave

CHS Jazz Band – End of Year Three

- All previous bench marks
- All Major & Minor Pentatonic Scales - Appropriate range (see scale sheet), one octave

CHS Jazz Band – End of Year Four

- All previous bench marks
- All Whole Tone Scales - Appropriate range (see scale sheet), one octave

Stuff You Will Need/Concert Dress/Uniforms

Stuff you will need

Everyone

- Instrument with accessories (reeds, mouthpiece, valve oil, slide grease, cleaning kit)
- A folder for your music and method books (provided)
- A pencil (NOT PEN) for marking music
- Black pants for concerts
- All white shoes for marching

Special Requirements

- Percussionists must have a stick bag with a nametag. Each percussionist must also have 1 pair of bell mallets, 1 pair of general (SD1) snare drum sticks, and 1 pair of light (5A or 7A) snare drum sticks.

Concert Dress

Students are expected to come to concerts ready to perform. This includes an appropriate code of dress.

CHS Jazz Band

Jazz band students will wear black “super shirts”, black pants or skirts black socks or hoses and black shoes. Red ties and ribbons will be provided.

CHS Concert Band

Concert Band students will wear white tux shirts, black pants or skirts, black socks or hoses, black bow ties, and black shoes.

Unacceptable Dress

Students not in uniform will either not be allowed to perform or will loss half of a performance grade depending on the occasion.

Marching Uniforms

CHS- Each student will check out a two-piece marching uniform for use in the Autumn Leaf and Apple Blossom Parades. These uniforms will be sized and check out in class at the beginning of the year for the Autumn Leaf Parade. After that parade we will collect the uniforms and keep them in the band room until they are used in May for the Apple Blossom Parade. While the uniform are in the student’s possession, the student is responsible for the care of the uniform, Any repairs to the uniform will be billed to the student including possible replacement cost if necessary (\$200). There will be an annual cleaning fee of \$15.

School Instruments

The school does own a limited number of larger wind instruments and percussion instruments. Students in the percussion section need to have their own snare drum; however, all of the other percussion instruments will be provided. Tubas, Baritone Saxophones, Baritones etc. are available for students who are asked to play those instruments. We also have a very small number of other instruments, which will be checked out on an individual basis to students that cannot rent their own instrument. Students, who use a school instrument as their only instrument, must pay a use fee of \$50 to help cover the cost of cleaning and repair. Financial assistance is available for families and students with limited income.

Fines

Students in the band program will be given a variety of music and books for use in the class. These materials are our textbooks and many are both difficult to replace and very expensive. It is very important that students take very good care of the music and other materials that have been checked out to them. If music is not returned or if it is badly damaged, students will be charged a fine of \$1 per page on damaged or lost music. These funds will be used to purchase new music and replace lost parts.

General Academic Competition Code & Training Agreement

1. Statement of Philosophy

- A. Cascade School District believes that interscholastic academic competition provides an opportunity for students to excel in the academic arena. Furthermore, student intelletes will gain a sense of value from direct competition against students from other schools in the region and state. Also, intelletes will gain comradeship and teamwork values that will provide a springboard into adult interactions. The opportunity to participate in the interscholastic academic program is a privilege granted to all students of Cascade School District. To participate in the District's interscholastic program, an intellete must make a commitment to follow some basic rules. These rules are not only developed to improve personal performance but also because intelletes represent themselves, their families, and Cascade School District.
- B. This code is intended to establish guidelines which protect the rights of our intelletes, and enhance learning the value of set & discipline and individual responsible.

2. Academic Competition Code

- A. General Rules: The following general rules pertain to Cascade High School and Icicle Middle School and will be applicable to all intelletes participating in District academic co-curricular programs.
 - 1. The code will be issued to each student intellete at the beginning of an activity in which he/she wishes to participate. The student intellete's signature will be kept for the school year verifying he/she has read and understand the code.
 - 2. The code will be in effect from the official start: of fall practice until the end of school year or until the finish of the last academic competition of the school year which ever comes later. Any violation to the code is accumulative.
 - 3. District intelletes are expected to follow the rules listed below:
 - a. Obey all school rules.
 - b. In order to participate in a practice or academic competition, the intellete must attend school for the full school day of the practice or competition. The principal or academic coach must approve any exception. Exceptions may be granted for excuses such as medical, dental, pre-excused at school or any other circumstances the principal or academic coach deem appropriate.

In order to participate on Saturday, the intellete must have attended school for the full school day on the preceding Friday.

- c. Return the following forms to the academic coach before he/she is eligible to participate in an academic competition event:
 - (1) General Academic Competition Code/Training Agreement signed.
 - (2) Proof of Purchase of ASB card.

- (3) Emergency treatment form signed and filled out.
- (4) Parent Permission form signed and filled out.

- d. If extenuating circumstances exist, the academic coach or principal may grant temporary eligibility.
- e. Student intelletes who voluntarily remove themselves from a team without permission from the coach of the team will be ineligible for any academic event during the season of the original academic event.
- f. Participation in an academic team during the next season will be approved only after approval of the academic coach and principal.

B. Scholastic standards:

- 1. Each student intellete shall be passing all classes and maintains a minimum 1.5 GPA at the beginning of each semester to be eligible to participate. Grades for pass or fail will be checked at two-week intervals beginning with the first week of each academic competition season (or the first week of school). Any intellete found not to be maintaining scholastic standards will be suspended from competition for a period of one week, but may practice. An intellete found deficient after three consecutive grade checks will be dropped from the academic team.
 - a. Previous semester grades will carry over into the first two weeks of the following semester.
 - b. The grade of "Satisfactory" may be used to compute eligibility.
 - c. "Incomplete" shall be considered a failing grade. However, the student intellete will become eligible to compete immediately upon completion of the work which changes the "incomplete" to a passing grade or a grade which brings his/her minimum GPA to 1.5.
- 2. An academic eligibility committee consisting of the academic coach, one counselor, and one teacher shall determine if an intellete who is not maintaining a 1.5 GPA and passing all classes is working to his/her potential. The committee may grant the right to participate if evidence justifies reinstatement.

C. Training Rules:

- 1. The following constitute major training violations and shall result in immediate suspension from play: the use or possession of tobacco; the use or possession of, or remaining on the premise/location where alcohol is being served illegally; the use or possession of, or remaining on the premise/location where illegal drugs are present and/or being used; and the illegal use of legend (prescription) drugs.

Evidence of violation of this rule may be confirmed by:

- a. Competent and reliable witnesses who observe the rule violation.
Competence and reliability to be determined by the coach;
- b. The students own admission,

- c. Conviction or other evidence of legal finding of a violation;
 - d. Report by an intellete's parents; and
 - e. Any other evidence which persuades the administration that a major training violation has occurred.
2. Additional rules: Coaches of the sport have the right to request that additional rules be implemented. Such rules will be reviewed by the principal or the principal's designee prior to implementation by the coach and will be provided to ail intelletes in writing. The additional rules shall not be considered major training violations and are enforced by the head coach of the academic competition concerned. If, however, a student is found in repeated violation of the additional rules, it may result in removal from the team.

D. Consequences of Major Training Rule Violations

1. First Offense

If a violation occurs during the school year, the intellete will be denied participation in 50% of the current season game dates or in the intellete's next competitive sports season. Penalties will carry over to the next sports season, this school year or the next, if not fulfilled during the present school year. Imposition of the penalty will begin when administrator/coach becomes aware of the major training rule violation. The intellete will continue to attend practices.

When intelletes are removed from the team for use or possession of alcohol or drugs, they must meet with a certified or school district drug/alcohol counselor for an assessment at their own expense. If additional counseling or other action is recommended by a drug/alcohol counselor, the intellete is required to complete those recommendations as a condition of participation on any academic team.

EXCEPTION: For violation of RCW 69.41.020 - 69.41.050 (legend drugs including anabolic steroids possession, sale, and/or use) the intelletes will be immediately ineligible for interscholastic competition in the interscholastic academic program for the remainder of the current season.

2. Second Offense

Any second major training rule violation will result in intellete being suspended from academic participation for one calendar year from the date that the administrator/coach becomes aware of the major violation.

EXCEPTION: For violation of RCW -69.41.020 - 60.41.050 second time the intellete will be ineligible and prohibited from participating in any WIAA member school's interscholastic program for a period of one calendar year from the date of the second violation.

3. Third Offense

A third major training rule violation will result in loss of eligibility for the remainder of the intellete's high school career.

EXCEPTION: For violation of RCW 69.41.020 - 69.41.050 a third time the intellete will be permanently prohibited from interscholastic participation in any WLAA member school program.

E. Transfer Students and Major Training Rule Violations

Any student who transfers to Cascade School District who has been removed from an academic team at another school is required to meet with the academic coach to determine his/her eligibility. The Academic Board will determine the appropriate action to be taken.

III. Academic Appeals Board

A. The Academic Appeals Board is formed to:

1. Counsel a student who is found in violation of the academic code; and
2. Allow a student an avenue of appeal from a decision of his/her coach.

B. A student who has committed a major violation may request a hearing before the Appeals Board in writing within three days if he/she wishes to further participate in interscholastic competition for Cascade schools for the season. The written request should be submitted to the principal or the academic director.

C. The appeals board may also -review new information regarding students who have lost eligibility for the remainder of their high school career due to a third major violation of training rules (except for violation of RCW 69.41.020 - RCW 69.41,050). Such review for reinstatement must be

Initiated by a written appeal from the student to the academic director, which demonstrates a significant change of behavior for a minimum of one year.

D. The Academic Appeals Board shall be consist of the academic director, the head coach of the sport concerned, one teacher selected by the principal or designee and one other faculty member selected by the student, or if the student so desires, one appointed by the academic director. Other staff members may attend the hearings but they may not vote. If the academic director and the head coach of the sport concerned are the same person, the principal will replace the academic director as chairman of the Appeals Board.

E. The Academic Appeals Board will be convened within ten school days after the request of an intellete who has committed a major training violation and who wishes to continue in interscholastic academics.

F. The Board will meet at a mutually convenient time for the intellete, Board members and parents.

G. The students' parents or guardians must be present at the hearing. When possible, both parents/guardians should attend.

H. Intelletes will be allowed to practice during the appeal.

IV. Appeals

A. If the student is not satisfied with the decision of the Academic Board hearing, he/she may appeal directly to the building principal in writing within three school days.

B. If the student is not satisfied with the decision of the principal, he/she may appeal to the superintendent of schools and finally within three days in writing to the Cascade Board of Education within three days of the previous decision.

****This is a 2 sided form. The back side
is your medical release form. Please fill out both sides!!**

Activities Permission Form

Parent Permission

I Grant permission for my student to participate in the following school sponsored and supervised activities:

Autumn Leaf Parade

Saturday, September 27, 2008

Possible Football District Games

Friday, November 7, 2008 -Thru- Saturday, November 29, 2008

Possible Football State Games

Thursday, December 5, 2003 -Thru- Saturday, December 6, 2008

Possible Basketball District Games

Monday, February 23, 2009 -Thru- Saturday, March 6, 2009

Possible Trip to the Lionel Hampton Jazz Festival

Thursday, February 26, 2009 -Thru- Sunday, February 28, 2009

Possible State Basketball Tournament

Tuesday, March 9, 2009 -Thru- Saturday, March 13, 2009

Band Festival

Wednesday, March 11, 2009

Apple Blossom

Saturday, May 2, 2009

Lilac Festival and Silverwood

Saturday, May 16, 2009 -Thru- Sunday, May 17, 2009

The parent/guardian testifies, by the signature below, that he/she has read and understands the **Cascade School District General Academic Competition Code/ Training Agreement**. Furthermore, the parent/guardian testifies, by the signature below, that he/she has discussed the implications of the **Cascade School District General Academic Competition Code/ Training Agreement** with their participating student.

(Parent/Guardian Signature)

(Date)

The participating student testifies, by the signature below, that he/she has read and understands the **Cascade School District General Academic Competition Code/ Training Agreement**. Furthermore, the participating student testifies, by the signature below, that he/she has discussed the implications of the **Cascade School District General Academic Competition Code/ Training Agreement** with their parent/guardian.

(Participating Student Signature)

(Date)

Office Use Only ABS Card Verification _____

Esther Christian

Cascade High School
FIELD TRIP MEDICAL CONSENT AND INFORMATION FORM

Dear Parent,

This form has been developed to enable your child to obtain emergency treatment during extended school sponsored field trips. It will authorize your child's treatment if emergency medical care is needed. If such an emergency arises, every attempt will be made to contact parents, guardians, or other emergency contacts before providing medical assistance. Without this written consent, however, medical care may be withheld until contact can be made.

Mike Hill, Principal

MEDICAL CONSENT

The undersigned hereby authorize Cascade School District #228 as our agent to give consent to surgical or medical treatment by any licensed physician or hospital for our child, _____(birth date _____), when such treatment is deemed necessary by such physician and we cannot be reached within a reasonable time.

Such consent may include, but is not limited to, administration of necessary anesthetics, medical treatment, tests, X-ray examinations, transfusions, injections, or drugs, and the performing of whatever operation may be deemed necessary or advisable.

It is understood this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required, but is given to provide my child the medical care and treatment deemed advisable based on the medical providers best judgment in consultation with my child's physician.

This authorization shall remain effective until June 10, 2009 unless sooner revoked in writing by the undersigned.

PARENT SIGNATURE

WITNESS SIGNATURE

HOME ADDRESS

MEDICAL INFORMATION

Family Doctor _____ Phone No. _____

Does your child have any chronic diseases? Yes _____ No

If so, please name _____

Does your child have any drug or other allergies? Yes _____ No

If so, to what: _____

Medical insurance information:

Insurance Company _____ Employer _____

Group # _____ Subscriber _____ ID _____

Date of last tetanus immunization: _____

Statement of Acknowledgement
RETURN THIS PAGE TO MR. GARCIA

This portion of the handbook must be signed and dated by each student and their parent/guardian and returned to me by Friday, September 12th 2008. This slip is a 20 point part of your Grade. If you or your parent/guardian have any questions please contact me at Cascade High School (548-5277).

I, _____ have read and understand the information contained in this
(PRINT STUDENT'S NAME)

handbook. I have also discussed with my parent/guardian, the implications and responsibilities associated with that information. I have taken note of the performance dates and times and I agree to the performance policy outlined in this handbook.

Grade Level: _____

Student's signature _____ Date _____
(STUDENT'S SIGNATURE)

I, _____ have read and understand the information contained in this
(PRINT PARENT'S NAME)

Handbook. I have also discussed with my student(s), the implications and responsibilities associated with that information. I have taken note of the performance dates and times and I agree to the performance policy outlined in this handbook.

Parent/Guardian signature _____ Date _____
(PARENT'S SIGNATURE)